



Self-Abuse Finally Ends

in partnership with



Mildura Rural City Council

is offering 2 Day Training Workshops

**' An Introduction To Working With Individuals
Who Self-Abuse '**

[a pre-requisite for the 3 day 'Facilitating the SAFE in Oz Consumer Program]

Thursday & Friday - **4th & 5th November 2010**

OR

Monday & Tuesday - **8th & 9th November 2010**

Mildura Rural City Council

Committee Room

76.84 Deakin Ave

Mildura

\$330.00

Light refreshments and Lunch will be provided.

There are limited places available for these workshops, therefore, it is advisable that registrations are finalised early. We have attached a Registration Form for your completion. Upon receipt of Registration Form and payment, a Registration Confirmation will be forwarded.

If you require any further information contact; safeinoz@wideband.net.au

Di Wines – 0417 303 505 or Annie Slocombe – 0433 085 367

Perdie said ... “

I am a 32 year old person. I say person because I don't know who I really am. I have the body of a disfigured woman and the mind of a dead soul. Self-harming for me is a physical manifestation of the extreme internal distress and trauma I feel each day of my life. The feelings of guilt, shame and self-hatred for what I allowed to happen in the past. It is my punishment, yet release from this intense inner pain ”.