



Menai Community Services Inc.



in partnership with

ABN: 41239 608 415

' An Introduction To Working With Individuals Who Self-Abuse '

[a pre-requisite for the 3 day 'Facilitating the SAFE in Oz Consumer Program']

Monday & Tuesday

11th & 12th October 2010

Menai Community Support Services

34 Allison Crescent

Menai

\$330.00 [inclusive of GST]

Light refreshments will be provided

BYO Lunch

There are limited places available for these workshops, therefore, it is advisable that registrations are finalised early. We have attached a Registration Form for your completion. Upon receipt of Registration Form and payment, a Registration Confirmation will be forwarded.

If you require any further information contact; safeinoz@wideband.net.au

Di Wines – 0417 303 505 or Annie Slocombe – 0433 085 367

Perdie said ... *"I am a 32 year old person. I say person because I don't know who I really am. I have the body of a disfigured woman and the mind of a dead soul. Self-harming for me is a physical manifestation of the extreme internal distress and trauma I feel each day of my life. The feelings of guilt, shame and self-hatred for what I allowed to happen in the past. It is my punishment, yet release from this intense inner pain".*